

Weighing of 14 Absorbing Cartridges

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:30	FE-2	Post-sleep
06:10-06:20	FE-1	MO-8: hardware setup
06:10-06:20	CDR	Calf volume measurement
06:20-06:30	FE-1	
06:20-06:35	CDR	Body mass measurement
06:30-06:35	FE-1	Post-sleep
06:30-06:40	FE-2	Calf volume measurement
06:35-06:50	FE-1	Body mass measurement
06:35-07:10	CDR	Post-sleep
06:40-06:50	FE-2	
06:50-07:05		Body mass measurement
06:50-07:10	FE-1	Post-sleep
07:05-08:05	FE-2	BREAKFAST
07:10-08:05	CDR	
07:10-08:00	FE-1	
08:00-08:05		PLANTS-2: payload status check
08:05-08:20		Daily planning conference (<i>S-band</i>)
08:20-08:45	CDR, FE-2	Prep for work
08:20-08:40	FE-1	
08:40-11:40	FE-1	Weighing of 14 CO2 absorbing cartridges on the mass measuring device
08:45-09:15	FE-2	MSG. Troubleshooting, Part 1
09:15-10:45		Physical exercise (RED)
09:20-10:20	CDR	Physical exercise (TVIS)
10:45-11:00	FE-2	MSG. Troubleshooting. Part 2
11:00-12:00	FE-2	Physical exercise (TVIS)
11:00-12:00	CDR	Clothing inventory audit
11:40-11:50	FE-1	MO-8. Close-out ops
11:50-12:50		Physical exercise (VELO + Load Trainer, day 1)
12:00-12:10	FE-2	MSG. Troubleshooting. Part 3
12:45-12:50		MSG. Troubleshooting. Part 4
12:50-13:05		LUNCH
12:50-13:50	CDR, FE-1	
13:05-13:10	FE-2	MSG. Troubleshooting. Part 5
13:10-13:50		LUNCH
13:50-14:30	FE-1	COX maintenance
13:50-14:25	FE-2	Glove Box (MSG) - troubleshooting. Part 1
14:40-14:55		Private medical conference (<i>S-band</i>)
15:10-15:25	CDR	

15:10-15:25	FE-2	Glove Box (MSG) - troubleshooting. Part 2
15:30-16:10		IMS file prep
15:40-15:55	FE-1	Private medical conference (<i>S-band</i>)
15:45-17:15	CDR	Physical exercise (RED)
15:55-17:25	FE-1	Physical exercise (TVIS)
16:10-16:15	FE-2	Setup for HAM radio session
16:15-16:25		HAM radio session
16:50-17:00		Glove Box (MSG) - troubleshooting. Part 3
17:25-17:30	FE-1	Weekly TVIS maintenance
17:35-17:45	CDR	PAO-Setup
17:45-17:55		Prep for PAO event
17:55-18:15		Educational program with research center (<i>Ku + S-band</i>)
18:15-18:45	CDR, FE-1	Daily plan review
18:15-18:20	FE-2	Glove Box (MSG) - troubleshooting. Part 4
18:20-18:45		Daily plan review
18:45-19:05		Work prep
19:05-19:20		Daily planning conference (<i>S-band</i>)
19:20-19:25	FE-2	Glove Box (MSG) - troubleshooting. Part 5
19:20-19:30	CDR, FE-1	Work prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

See OSTP for references to US activities.

End of radiogram